

# Contents

This wiki is mostly intended to describe learning theories and instructional design models, yet it also includes materials about:

## Knowledge

Click [here](#) to learn more about knowledge.

## Memory

[Here](#) you can find out more about human memory system and human working memory.

## Learning theories

Learning theories, assorted under corresponding paradigms can be found [here](#).

## Assessment

To learn how knowledge is assessed click [here](#).

## Understanding

To learn more about understanding click [here](#).

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