Learning paradigms

Learning theories are usually divided into several paradigms which represent different perspectives on the learning process. Theories within the same paradigm share the same basic point of view. Currently, the most commonly accepted learning paradigms are behaviorism, cognitivism, constructivism, connectivism, and humanism.¹)

Here we will refer to the named learning paradigms and their related learning and instructional design theories. A brief overview of the paradigms follows, and more information can be obtained by clicking on each paradigm name.

- Behaviorism
- Cognitivism
- Humanism
- Constructivism
- Connectivism

This brief comparison of learning paradigms can be used to better understand their differences and similarities.

A list of all learning theories and instructional design models within the scope of this wiki can be found here.

¹) In some resources social learning is added as a paradigm, humanism or constructivism are ignored and connectivism is a new paradigm that is still not widely accepted.